

GOOD NEWS

FIRST LUTHERAN CHURCH

701 MAIN STREET
BOTTINEAU, ND

58318

(701) 228-2228

www.bottineauflc.org

AUGUST 2017

YOU ARE INVITED!

First Lutheran Church Parking Lot Party

Friday, August 4

Starting at 3:00 p.m.

Entertainment,

Hot Dogs & Brats

Ice Cream

***BRING YOUR OWN LAWN
CHAIR***

See Page 5 for more details



OUR MISSION STATEMENT

Joyfully Growing as God's People for Lives of
Faith, Love, and Service

There's always a
blessing to thank
God for; the ones
you are aware of,
and the ones that
you are not. Be
grateful to God
everyday.

©QuotesEmpire.com

**To make arrangements to
receive the newsletter, change
your address, or to submit
information for the newsletter
or bulletin please call Janell at
228-2228 or e-mail her at**

Created by Janell Shannon

Administrative Assistant

07-26-17



A MESSAGE FROM OUR PASTOR

Pastor Ben Carlsen

Believe it or not, it is now August, school will be starting this month, in another month, leaves will be changing colors, harvesting is soon going to be in full swing, and in my home state of Minnesota, many are filled with the anticipation of another mediocre Minnesota Vikings season, well, we'll see about that last one, if there's one thing being a fan of professional sports teaches us it is optimism.

But the fall isn't all about school and sports, many activities and parts of life that have been dormant for the summer months are springing back to life – school buildings are in use once again, teachers and students coming together to learn readin', 'ritin', and 'rithmetic. And right along with the public schools and colleges and other institutions of learning, fall also kicks off another year of confirmation, Sunday School and adult Bible studies here at First Lutheran.

There will be more detailed information coming out in other ways about these programs, but I thought I'd take a few sentences here to point out some of the highlights and events coming up in the near future.

August 9th will be an orientation session for confirmation students and their families. New this year, 7th grade students, along with students in grades 8 and 9 are invited to participate in the Wednesday evening instruction time. The session on Aug. 9th is for all students in grades 7-9 and their parents. The confirmation year will be reviewed, expectations will be set out and the calendar will be presented. Sept. 13 will be the first night of confirmation instruction. Also needed for the confirmation program this year are mentors to work with small groups of students (4-6 students per group), if you or someone you know might be interested in more information on this opportunity, please let me know.

Sept. 10th is Rally Sunday. We will be welcoming all students into Sunday School along with a Sunday School Teacher installation that will be a part of that morning's worship. Class time that day will be activities and fellowship.

Sept. 17th during worship, we will bless the backpacks of all students and present Bibles to all 2nd graders.

I also want you to be aware that following discussion with the worship committee and council, the current plan for this fall, winter and spring is to continue with one worship service at 9:00 am. It is my sense that to keep this schedule for the immediate future will positively impact the continuing process of me getting to know you and you getting to know me. I am planning on presenting an adult class of hopefully some interest on Sunday mornings during the education hour. I'm open to suggestions as what sort of material or topic to cover.

This is just a small reminder of the events that this new fall is bringing with it. There will be other faith formation opportunities to come, watch the newsletter and bulletin for more information.

In Christ,
Pastor Ben



Matthew 5:4 *Blessed are those who mourn, for they will be comforted.*

How to Help Those Who are Grieving - Part 2

Last month, we discussed what to say and what not to say to someone who has lost a loved one. This month we'll review some important information about the grief process that can help us be more compassionate and helpful.

1. Many of us learned the "stages of grief" many years ago. At that time, the stages seemed to fit into neat little compartments...you went through a stage and then entered the next stage. But grief research shows that grieving is a process that is not at all "neat" or predictable. We can seem to be healing and moving forward...and then find ourselves right back at the beginning stages of grief. Often, an anniversary date (a birthday, anniversary) or a holiday or a song, smell, sight will evoke the deepest grief again. This is why we need supportive loved ones around us who will remind us to be "gentle" with ourselves and allow us to grieve in our own way with no judgment or advice.
2. Often, when a friend loses a loved one, we are tempted to ask "How can I help?" But, in fact, it's very difficult for people to identify what they need.
You might try saying: "I'd like to bring a meal...what would be a good time for me to do that?" Be sure to ask about food allergies/intolerances and try to bring something other than lasagna! (I once heard of a widow who had 5 lasagnas in her refrigerator and she didn't even like lasagna!) There are other creative ways to give help (cutting their lawn; shoveling snow; giving rides)
3. Send cards often...maybe every few weeks for several months. The toughest time for those grieving is after the funeral is over and everyone has gone back to their normal routine. Don't disengage with the grieving person. Acknowledge that the process of grieving continues. A phone call just to "listen" is also helpful.
4. If you're aware of a grief support group in your area, you can gently mention it as a resource...don't push or force. Sometimes it's helpful to offer to go with the grieving person to the first couple of meetings.

Earl Grollman writes:

"Grief is not a disorder, a disease or sign of weakness. It is an emotional, physical and spiritual necessity, the price you pay for love. The only cure for grief is to grieve."

Lois Fett
Your Parish Nurse



Lois is always there for you.
Call her at 228-2552.



IT TAKES ALL OF US ~ INCLUDING YOU!

A special thank you needs to be given to those that see something that needs done and do it.

- Weeding the rocks out front
- Helping with dishes on Sunday after fellowship
 - Watering plants
- Putting things back where they belong.
 - Helping in the office
- Baking Cookies for Sunday Coffee Fellowship
- Giving the bulletin back to the usher instead of leaving it in the pew
 - And so much more....

Just as the old saying says:

"I said "Somebody should do something about that." Then I realized I am somebody."



GETTING TO KNOW EACH OTHER

(Reminder to hosts to call the office or Pastor Ben to schedule your groups date and time)

As we continue to have meet and greets with Pastor Ben and Pia (when she can make it) we want to let everyone know to keep watching the bulletins and newsletters for more meet and greets that we will schedule as soon as all those that are hosting a group have scheduled a date and time.

Please feel free to call the office or signup in the narthex

Please call the office 228-2228 or signup in the Narthex on the reception desk to be contacted when more groups are formed. You can also call the office or sign up in the narthex to host a group.



FUNERALS

7-8 = Rose Borgen Memorial

MEMORIALS

Rose Borgen
Ora Haakenstad
Elois Halvorson

QUICK, EASY, AND SAFE OFFERING OPTION

Are you aware of electronic giving or online giving? If you are interested in secure, safe ways to give to the church please contact our treasurer, Lisa Herbel, at 228-5191 or the church office at 228-2228. OR you can be routed directly to the mobile version of our online-giving page by scanning this image. Or log-on to our website,



Let's do this together !

SUNDAY SCHOOL ROOMS

Huge thank you to those who came and helped clear out the Sunday School rooms for painting and those who came and helped paint them.

In order to have them ready for Rally Sunday (September 10th) we still need assistance with:

- Rooms that need a second coat, and or touchups.
- Assistance with going through the supply cabinets
- Possibly painting an accent wall in each room

Parish Ed. Committee will be meeting on the 8th of August. Those willing to help with this project (whenever it works for you) please contact the church office at 228-2228. Also keep checking the bulletin's for set work dates in August.



“You are invited” **PARKING LOT PARTY**

“Community Event”

FRIDAY, AUGUST 4th

Starting at 3:00 p.m.

First Lutheran Church back parking lot
701 Main St. Bottineau



Starion Bank
 providing
 hot dogs and brats
 Served by members of the
 Bottineau Winter Park Ski Team
 Free will donation



Pride Dairy ice cream
 served by
Thrivent Financial



ENTERTAINMENT

3:00 - Keith Hart

And the Dead End Road Band

4:00 - Jordan Peterson

5:00 - Melissa Spelchen

6:00 - Jessie Veeder

7:00 - Too Old To Stand



*Bring a lawn
 chair for you
 and your
 neighbor!*

Event Sponsored by First Lutheran Church, Bottineau
 With support from:
 Thrivent & Thrivent Action Dollars, Starion Bank, Shawn Hahn, BHS, City of Bottineau

2017 FAIR STAND COMMITTEE REPORT

Did you know that it takes 200 pounds of potatoes, 291 pounds of hamburger, 20 large cans of beans, and over 100 homemade pies for First Lutheran Church to feed all the people who eat at our Fair Stand during the Bottineau County Fair? That is only a small fraction of what it takes to make this a successful First Lutheran Church service project!

The Fair Stand operates solely on donations of food, dollars, supplies, and **MANY** hours of volunteer service. This year over 1200 hours of volunteer services were logged. Approximately 520 of these hours were spent at the Fair Stand cooking hamburgers, frying onions, and waiting on customers. Other volunteer hours were spent making pies, preparation at the church of the potato salad, slicing of the onions, making baked beans, calling for donations/workers, preparing and cleaning of the Fair Stand, along with other committee responsibilities.

Individual donations of food, monetary donations, and Thrivent Action Team dollars helped defray some of the cost involved which helps make it possible to meet the service budget commitment of First Lutheran WELCA.

Over 150 individuals from our church were involved to make this service project a success not to mention the comradery of sharing work, time, food, and laughter with our church family.

This year a net profit of \$4532.00 was achieved. Monies earned will support local needs such as our Food Pantry, Girl Scouts, Braille projects, Bible Camp, advent dinners, and many other local and synod service projects.

Without the commitment and hard work of our First Lutheran men and women this mission would not be possible.

We would like to extend our sincere thanks and appreciation to all who gave of their time and talent.

First Lutheran Fair Stand Committee

Angie Bartholomay

Jessie Boehnke

Mary Haugen

Linda Heidbreder

Joan Mortensen

Mary Rothman

MISSION ACTION

School supplies are on sale. At this time we have a good supply of pens and erasers. Items needed the most are **pencils** (#2 lead), **notebooks** (70 count either college or wide rule), and **pencil sharpeners**. We can also use 12" rulers (must have cm as well as inches) and 24 count Crayola crayons. Please check your WELCA handbooks for a complete list. All items from all kits are always accepted. I plan to order school bags with my Thrivent Action Team seed money.

We also should be concerned for students in our own school who cannot afford their basic supplies. I hope to budget some for those. I have a few backpacks on hand.

In September we will need to assemble the kits for the October shipment. Thanks to all my helpers.
LeaRae Espe



THE NEXT THREE PAGES FINANCIAL PEACE OPPORTUNITIES

Through Endowment Grants we have been able to offer Dave Ramsey's program on Financial Peace to our members. This year we are offering the Financial Peace program again PLUS two other programs. These programs teach what the Bible says about finances. They are life changing!

1. Financial Peace = Everything you wish you knew about financial freedom
2. Smart Money Smart Kids= Learn how to teach your kids to win with money
3. Generation Change = The most engaging way to raise intentional smart kids

Read more about each one on the next three pages.

Financial Peace University for Adults : Financial Peace University has helped more than 2.5 million families get out of debt. It's your turn to become debt-free! This program encourages Adults to attend together, to feel more secure and plan for the future!

Dates: Sept 17, 24 Oct 1,8,15,22,29 Nov 5,12 When we have a group, we can decide what day and time is best! Usually Sunday or Wednesday.

Lesson 1 Super Saving

Common Sense for Your Dollars and Cents



Dave explains the Seven Baby Steps that will guide you throughout *Financial Peace University*. You will also learn the three key reasons why you should save money—and why you must start now!

Lesson 2 Relating With Money

Nerds and Free Spirits Unite!



Learn why it's important for spouses to communicate and work together toward success. Also, singles will learn the importance of teamwork, and parents will find out how to teach their kids about money.

Lesson 3 Cash Flow Planning

The Nuts and Bolts of Budgeting



Unlock the secret of developing a monthly spending plan that really works. Learn how to live on less than you make, pay your bills, allow for entertainment, AND still have money left over at the end of the month.

Lesson 4 Dumping Debt

Breaking the Chains of Debt



It's time to debunk some common debt myths! Dave reveals the truth about credit lies and gives you a plan to walk out of debt with confidence.

Lesson 5 Buyer Beware

The Power of Marketing on Your Buying Decisions



Dave draws on decades of experience to reveal the power and influence that marketing has on your everyday buying decisions.

Lesson 6 The Role of Insurance

Protecting Your Health, Family and Finances



In this lesson, Dave walks you through the world of insurance, carefully explaining what you need—and what you need to avoid.

Planning

Mastering the Alphabet Soup of Investing



Dave walks you through the maze of retirement options and helps you figure out your best retirement plan. You will also learn how to plan for college so your kids can graduate debt free!

Lesson 8 Real Estate and Mortgages

Keeping the American Dream From Becoming a Nightmare



Dave draws on over 20 years of real estate experience to teach you how to win when buying or selling your home, and the ins and outs of mortgages.

Lesson 9 The Great Misunderstanding

Unleashing the Power of Generous Giving



Learn how generous giving can completely revolutionize your attitude and improve your finances, business and relationships.

****Shawna Allard will be Coordinator for this 9 week learning experience. If you have questions or would like to join the group feel free to call or email! 701-228-5981 or shawna.allard@k12.nd.us**

Smart Money Smart Kids: 6 week book study Coffee and the following topics each night. This class is for parents, Bring a Friend. Realistic information and fun Conversation!

Dates: We will start First week of September and choose six consecutive weeks to meet when it is best for the group! Sundays or Wednesday evenings are a possibility!

6 lessons to offer to 12 families in our congregation: Parents who want to teach responsibility and money concepts to your kids. When you join the group you have access to the online information for the age group you prefer to learn about, young children, pre-teen, and teen to young adult.

Lesson 1

Work and Responsibility



Rachel and Dave focus on teaching kids the work-money connection, the importance of personal responsibility, and how our work reflects our relationship with God.

Lesson 2

Spending and Wisdom



Rachel and Dave discuss why parents should understand their child's particular God-given bent and how that can lead to wise spending decisions now and in the future.

Lesson 3

Saving and Patience



Rachel and Dave talk about how parents can encourage delayed gratification and how kids can learn to set specific goals for their saving.

Lesson 4

Giving and Generosity



Rachel and Dave encourage parents to raise generous children by emphasizing God's ownership—along with our stewardship—and challenging their kids to step out of their comfort zones.

Lesson 5

Debt and Honesty



Rachel and Dave share the Bible's perspective on debt and urge parents to raise kids who can identify and reject the cultural myths that fuel debt's popularity today.

Lesson 6

Contentment and Gratitude



Rachel and Dave challenge parents to actively protect their kids from the pervasive "bigger is better" messages in our culture and to encourage an attitude of contentment rooted in humility and gratitude.

****Shawna Allard will be Coordinator for this 6 week Coffee and Conversation. If you have questions or would like to join the group feel free to call or email!**

Contact information for Shawna Allard

701-228-5981 Or shawna.allard@k12.nd.us

Generation Change
Youth Group Grades 8-12

Commitment dates: Must be committed to attending all sessions:

August 20, 27

September 3,10,17,24

October 1,8,15

Time: 10-11:30am

About the Program:

Generation Change is an all-new suite of Bible studies designed to lead teens to a better understanding of God, themselves and their money—and how it all works together. In the three different teaching series, students are equipped with biblical principles to BE who God created them to be, DO more with their money, and GO out into the world ready to write their story. Lesson videos with Dave Ramsey and his daughter, Rachel Cruze, along with engaging hands-on activities, will bring new biblical and financial truths to this generation, making them a *generation of change*.

BE Who God Created

Be Yourself

Teens will learn that their identity isn't wrapped up in what the world says. Rachel covers contentment and the truth that money itself isn't evil. This lesson also emphasizes that it's not about how much money you have, but rather what you do with money that matters.

Be Realistic

Today's teens are drowning in advertising and hit with peer pressure all day every day. In this lesson, students learn how to fight these pressures—and win. The concepts of debt and net worth are also introduced, along with the question of whether or not it's okay to have nice things.

Be Aware

Teens face a lot of money myths: My parents will always take care of me. One day, I'll have as much money as my parents do now. Teens don't need to budget. Money isn't spiritual. I shouldn't give if I don't have money. This lesson debunks these myths and gives students a new mindset for their money.

DO More With Your Money

Do the Details

A budget is the key to winning with money—even for teens! This lesson teaches basic budgeting, including Dave's cash envelope system and debit card strategies. Plus, students will tackle the subject of wants versus needs.

Do the Math

Math isn't fun. This lesson is. Teens will learn how to prioritize saving over spending and how to save for big things like a car and college. They'll also learn how compound interest works, the basics of mutual funds, and why having an emergency fund is such a big deal.

Do Your Part

What made the Good Samaritan so good? It was his attitude about giving. In this lesson, Dave and Rachel explore the meaning of stewardship. Topics include giving both time and money, understanding the tithe, giving beyond the tithe through offerings, and how teens can make an impact on the world today!

GO Write Your Story

Go Debt Free

What makes debt so dangerous? This eye-opening lesson reveals the truth about debt, from credit cards to student loans, along with strategies for living a debt-free life. Students also learn how a credit score works and why it's no measure of winning with money.

Go to Work

In this lesson, teens start to figure out their purpose in life and how choose a college major that fits. They'll also learn how to set big goals, create a winning resume, and ace a job interview.

Go the Distance

This lesson shows teens how to follow God's plan through their college years—and after. Topics include how to pick classes, buy books, get scholarships and grants, and more. This lesson also explores the cost of life in the "real world," from insurance to investing. Life takes a plan. They'll get it here!

For further information go to daveramsey.com

****Shawna Allard will be Coordinator for this 9 week learning experience. If you would like to talk to your youth and are interested in committing to the program of study, feel free to call with questions or to sign your youth up! Shawna will be calling parents in July also to determine student numbers in order to have the right amount of resources!**

Contact information for Shawna Allard

701-228-5981 Or shawna.allard@k12.nd.us



Gospel Seeds - August 2017 **A Monthly Update from Western ND Synod Staff**

Strengthening the Core...

Fitness coaches teach that a person needs a strong core – muscles around a person's midsection – as a firm fitness foundation.

The truth is as people of God, gathered into congregations, we need to have a strong core as well.

Synod programmatic staff spent a day in spiritual retreat with Rev. Paul Hoffman this summer. Paul has been leading clergy mentoring groups in Western North Dakota for several years. He is a retired ELCA Pastor, passionate about faith formation, and inviting people into a life-giving relationship with the risen Christ. He is certain that healthy congregations focus on their core – in other words, they invest time and energy on the central things.

What are these central things? Proclamation of the Word in worship, the celebration of Holy Communion, preparing people for the sacrament of Baptism and a solid prayer life. None of this is flashy; it is simply a consistent tending to the gifts we have been given.

I encourage all our congregations to take stock of their core. What happens in your congregation to teach the practice of prayer, of leaning to listen to one another and pray for one another? How is your congregation working to deepen the understanding of what it is that is happening in worship? Why do we do what we do? What does it mean to “gather to be sent”? How is the congregation set up to teach about the sacraments, the incredible gifts being given in these ordinary things made Holy by God's Word?

I invite you to deepen conversation with the leadership of your congregation. May your core, grounded and rooted in Christ, be strengthened.

You are invited to a Festival Worship with Holy Communion October 29, 2017 at the Bismarck Event Center to commemorate the 500th Anniversary of the Reformation. Worship will begin at 11:00AM.

Another Mentoring Group to Start...

This fall a new rostered leaders mentoring group will begin. Sherie Heine works with Pastor Hoffman to coordinate these groups. There is room for 6 to 8 participants. These groups gather for worship, conversation, prayer, learning and mutual consultation at Camp of the Cross. This is an excellent continuing education opportunity for any rostered leader.

Leaders, watch your emails for further details on how to sign up for the next mentoring group or call Sherie (701-721-5025) for more information.

Suggestions needed for Nominations/Elections Committee...

This year's Synod Assembly approved changes to the Synod Constitution including how Conference Deans are appointed. The Synod's Nominations and Elections Committee (made up of one person from each conference) are to provide names to the Synod Council for appointment.

The next Synod Council meeting is September 15th-16th. Prior to that meeting, Nominations and Elections are seeking the names of people interested in serving as Conference Deans in the following conferences:

-Turtle Mountain: Rev. Kathi Nygaard is serving an unexpired term and is eligible for appointment to what would be her first term.

-Western Prairie: Rev. Michon Weingartner has served two terms and is not eligible for re-appointment.

Synod Council will be discussing (and possibly approving) Continuing Resolutions which will lay out the complete process which will be used in appointing these positions in the future.

To lift up a name, please contact a member of the Nominations/Elections Committee or Sherie (liaison to the Committee).

Synod Council to Meet...

Synod Council meets in September. If there are issues you believe should be discussed, I invite you to be in contact with any Synod Council member. You can find the complete list of council members either in your synod directory or on the synod web page.

Rev. Mark Narum Serving as Bishop of the Western North Dakota Synod

AUGUST CALENDAR

EVERY WEDNESDAY: 9:00 a.m. Lectionary

EVERY THURSDAY : 10:00 a.m. Coffee and fellowship in the narthex

EVERY SUNDAY: 8:30 a.m. Radio worship broadcast on 101.9 FM, **9:00 a.m.** Worship service (Holy Communion on the **6th & 20th**), coffee fellowship after worship, **10:10 a.m.** Cable TV worship broadcast ch. 19 & 52

HAPPENINGS

Tuesday 1st - Janell is out of the office

Friday 4th - 3:00 p.m. Parking Lot Party

Tuesday 8th - 5:15 p.m. Parish Ed Committee, 6:00 p.m. Property Committee, 6:00 p.m. Worship Committee, 7:00 p.m. Council

Wednesday, 9th - 6:00 p.m. W.E.B.S.

Wednesday 16th - 9:30 a.m. Eve Circle

CIRCLE INFORMATION

Eve - 9:30 a.m. Wednesday, the 16th at the Hospital Apartments

Hannah - Does not meet August

Deborah - Does not meet August

Rebecca - Does not meet August

W.E.B.S. - 6:00 p.m. Wednesday, the 9th

SERVING

Ushers: Rueben Mayer, Lynn Shannon

Reader: 6th, 13th, 29th = Glenda Heisler; 27th = Connie Blada

Greeter: Eloise Boppre, Barb Persson

Coffee Fellowship: Volunteers Needed

Acolytes: All youth 4th grade and up are encouraged to acolyte

Altar Guild: Marlene Marquaardt, Shirley Pasicznyk

Service Group Chairman: Tracy Aufforth, Angie Bartholomay

IF YOU WOULD LIKE TO SERVE IN ANY OF THE ABOVE AREAS, PLEASE CALL THE CHURCH OFFICE AT 228-2228.

Others meeting in our church

Weight Watchers: Meet every Tuesday in the lower level Sunday School area starting at 4:30 p.m.; **Cub Scouts:** & **Boy Scouts:** Monday's 6:00 to 8:00 p.m. **Senior Companions:** Meet the Wednesday before the last Friday of every month in the conference room at noon; **Nutty Needlers:** randomly use a room to learn knitting

AUGUST 2017
FIRST LUTHERAN CHURCH
701 MAIN STREET

BOTTINEAU, ND 58318
RETURN SERVICE REQUESTED

SHARE YOUR IDEAS, CONCERNS, QUESTIONS, ETC, WITH A COUNCIL MEMBER:

Debra Nelson (President)	Darrell Waters	Rod Parrill
Reggie Myhr	Dale Thompson (Secretary)	Beau Medlang
Lindsey Guss	Robin Gense	Jeremy Moen (Vice-President)
Karla Monson	Linda Liebelt	Brad Robertson

SUNDAY WORSHIP: 9:00 a.m.

WORSHIP BROADCASTS: Sundays 8:30 a.m. on 101.9FM and 10:00 a.m. on local cable ch 19 & 52

OFFICE PHONE: 701-228-2228

OFFICE EMAIL: flc@utma.com

FACEBOOK: www.facebook.com/FirstLutheranChurchBottineau

WEBSITE: www.bottineauflc.org

PASTOR BEN CARLSEN